

EFFECTS OF HYDROCORTISONE ON THE HYPERCALCEMIA  
AND PLASMA LEVELS OF 13,14-DIHYDRO-15-KETO-  
PROSTAGLANDIN E<sub>2</sub> IN MICE BEARING THE HSDM<sub>1</sub> FIBROSARCOMA

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SUMMARY

In mice bearing the prostaglandin-producing HSDM<sub>1</sub> fibrosarcoma, the plasma concentration of 13,14-dihydro-15-keto-PGE<sub>2</sub> was elevated before the development of hypercalcemia, and the magnitude of the rise was greater than that of PGE<sub>2</sub>. When hydrocortisone, which inhibits synthesis of PGE<sub>2</sub> by HSDM<sub>1</sub> cells in culture, was administered to tumor-bearing mice, the steroid hormone prevented the rises in plasma PGE<sub>2</sub> metabolite and calcium concentrations. At the dose levels used, hydrocortisone did not inhibit the calcium-mobilizing action of parathyroid hormone in vivo or the bone resorption-stimulating activity of PGE<sub>2</sub> in vitro. These findings are consistent with our hypothesis that the hypercalcemic syndrome in HSDM<sub>1</sub> tumor-bearing mice is due to the secretion of PGE<sub>2</sub> by the tumor.

INTRODUCTION

Studies of the HSDM<sub>1</sub> fibrosarcoma have led us to conclude that the hypercalcemic syndrome that occurs in mice bearing this transplantable tumor is due to the excessive secretion of prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) by the neoplasm (1). This conclusion was derived from the results of several sorts of experiments in tumor-bearing animals and with HSDM<sub>1</sub> cells in culture (2-5). Subsequently, it has been found that anti-inflammatory steroids inhibit prostaglandin production by HSDM<sub>1</sub> cells (6), rheumatoid synovia (7), and methylcholanthrene-transformed mouse fibroblasts (8). The experiments described in this report were undertaken to examine the effects of hydrocortisone administration on plasma calcium, plasma PGE<sub>2</sub> metabolites, tumor weight, and tumor PGE<sub>2</sub> content and to define the time-courses of the development of hypercalcemia and hyperprostaglandinemia in tumor-bearing mice.

### METHODS AND MATERIALS

Animals. The HSDM<sub>1</sub> fibrosarcoma was passed serially in mice of the Swiss Albino strain by methods described previously (3). Treatment with hydrocortisone (HC) was begun on the day of tumor transfer or within 48 hr and continued for the duration of each experiment as indicated in RESULTS. HC was administered orally in an average daily dose of 100 µg/mouse/day. The steroid was incorporated in a known amount of ground diet which the mice consumed completely each 24 hr. In experiments in which parathyroid hormone (PTH) was administered, it was given by subcutaneous injection. Three injections were given 29, 23 and 5 hr before bleeding. Each injection contained either 10 or 20 U. The preparation used was Parathyroid Injection U.S.P. (Eli Lilly & Co., 100 USP Units/ml).

Measurement of plasma calcium. Individual mice were bled by cardiac puncture into heparinized syringes. Blood was immediately centrifuged at 4°C, and the plasma separated for measurements of calcium, PGE<sub>2</sub> and PGE<sub>2</sub> metabolite concentrations. Calcium was measured with a Corning calcium analyzer, model 940, by fluorometric titration.

Measurement of 13,14-dihydro-15-keto-PGE<sub>2</sub> in plasma. The major metabolite of PGE<sub>2</sub>, 13-14-dihydro-15-keto-PGE<sub>2</sub> (referred to in the text and in the figures as PGE<sub>2</sub> metabolite), was measured by radioimmunoassay. The corresponding PGF<sub>2α</sub> metabolite, 13-14-dihydro-15-keto-PGF<sub>2α</sub>, cross reacts 5% with the anti-13,14-dihydro-15-keto-PGE<sub>2</sub> (9). Several samples of mouse plasma also were assayed with anti-13,14-dihydro-15-keto-PGF<sub>2α</sub>. The 13,14-dihydro-15-keto-PGE<sub>2</sub> cross reacts with this anti-PGF<sub>2α</sub> metabolite 3% (10). These simultaneous radioimmunoassays demonstrated that it is the PGE<sub>2</sub> metabolite values, not the PGF<sub>2α</sub> metabolite values, that are reported in this paper.

Tumors. At the termination of each experiment or experimental interval, the tumors were carefully excised, weighed, and extracted in Gey's balanced salt solution (5 ml/g). Protein was precipitated by heating for 10 min in a boiling water bath, and the final supernatant solution was extracted 3 times with diethyl ether (2.5 to 3 volumes) dried under nitrogen gas, and the residue dissolved in Gey's solution as described previously in detail (3). In some experiments the tumors were frozen immediately in liquid N<sub>2</sub> and then extracted at 4°C in Gey's solution containing indomethacin (100 µg/ml). The concentrations of PGE<sub>2</sub> in the tumor extracts and in unextracted plasma were measured by radioimmunoassay (11).

Bone culture. The effect of HC on PGE<sub>2</sub>-stimulated bone resorption was studied using the neonatal mouse calvaria bone culture system previously described in detail (3,12). Bone resorption was monitored by measurement of medium total calcium concentration using the Corning calcium analyzer.

Statistical method. Results of each experiment (6-10 mice per group or 4 bones per group in bone culture experiments) were subjected to an analysis of variance, and the standard errors (SE) were calculated from the residual error term of that analysis. Where appropriate and when variances were not heterogeneous, data were pooled from independent experiments of similar design.

### RESULTS

The time-course of changes in plasma calcium and PGE<sub>2</sub> metabolite concentrations following tumor cell implantation are shown in Fig. 1. Small tumors were present in all animals by one week, but significant ( $p < 0.05$ ) elevation of

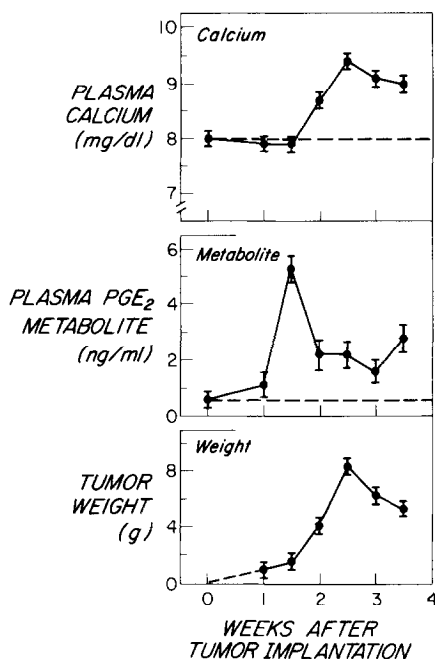


Fig. 1. Changes in plasma calcium and PGE<sub>2</sub> metabolite concentrations and tumor weights as a function of time after tumor cell implantation. Each point gives the mean value of 7-10 mice and the bars give the SE. In most other experiments of similar design, the plasma PGE<sub>2</sub> metabolite concentration in untreated tumor-bearing mice remained in the range of 4.5 to 6.0 ng/ml during the period 2.5 to 3.5 weeks after implantation (for example, see Fig. 2). In this experiment the mean contents of PGE<sub>2</sub> in tumors taken at 1, 1.5, 2, 2.5, 3 and 3.5 weeks after implantation were 35, 38, 90, 95, 140 and 175 ng/g fresh weight, respectively.

plasma calcium was not observed until two weeks after tumor implantation.

Plasma PGE<sub>2</sub> metabolite concentrations were elevated at 1.5 weeks and preceded the development of hypercalcemia. Plasma PGE<sub>2</sub> at 1.5 weeks was  $1.4 \pm 0.24$  ng/ml (mean  $\pm$  SE) as compared to control levels of  $0.57 \pm 0.24$  ng/ml, indicating that measurements of the PGE<sub>2</sub> metabolite reveal a greater incremental increase above basal levels than PGE<sub>2</sub> itself; the rapid conversion of PGE<sub>2</sub> to its more stable 13,14-dihydro-15-keto-metabolite (13) presumably accounts for these findings. It is noteworthy that hyperprostaglandinemia preceded hypercalcemia, a finding that is consistent with our hypothesis (3) that excessive secretion of PGE<sub>2</sub> by the tumor is the cause of the hypercalcemic syndrome and not a secondary phenomenon.

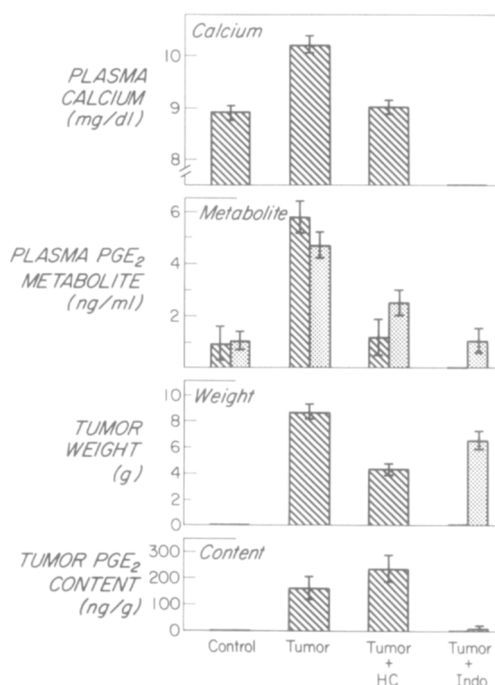


Fig. 2. Effects of HC on plasma calcium and PGE<sub>2</sub> metabolite concentrations, and on tumor weight and PGE<sub>2</sub> content in mice bearing the HSDM<sub>1</sub> fibrosarcoma. Wide bars give the pooled results from two separate experiments, and the brackets give the SE. Narrow bars give the mean values for individual experiments. Plasma calcium concentrations were not measured in the tumor plus indomethacin (Indo) group. In these experiments of 19-21 days duration HC (100 µg/mouse/day) were begun on the day of tumor implantation and continued throughout the entire experiment. The values given are those obtained at the end of the experiment. There were 8-17 mice per group.

The effects of HC are shown in Fig. 2. In HC-treated tumor-bearing mice the concentrations of plasma calcium and PGE<sub>2</sub> metabolite were the same or only slightly higher than those of control animals while the untreated mice with tumors had elevated plasma calcium and PGE<sub>2</sub> metabolites. Tumor weight in HC-treated mice was reduced markedly (about 50%), but tumor PGE<sub>2</sub> content per gram of tissue was not affected. Consistent with our previous studies (4), administration of indomethacin reduced tumor PGE<sub>2</sub> content to < 4% of control values and had a small but significant ( $p < 0.05$ ) effect on tumor weight. Indomethacin-treated tumor-bearing mice also had plasma PGE<sub>2</sub> metabolite concentrations that were the same as untreated control mice.

Table 1

## LACK OF EFFECT OF HYDROCORTISONE (HC) ON PARATHYROID HORMONE (PTH)-INDUCED HYPERCALCEMIA IN MICE

Expt. no.	Treatment*	Body wt. <sup>†</sup> (g)	Plasma calcium <sup>†</sup> (mg/dl)
36	None	26 ± 0.98	8.4 ± 0.37
	HC (100 µg/day X 9)	26 ± 0.92	8.5 ± 0.35
	PTH (10 U/dose X 3)	28 ± 0.87	11.1 ± 0.33
	HC + PTH	26 ± 0.82	11.1 ± 0.31
38	None	28 ± 0.60	7.9 ± 0.39
	HC (100 µg/day X 19)	27 ± 0.60	7.8 ± 0.39
	PTH (20 U/dose X 3)	29 ± 0.60	13.8 ± 0.39
	HC + PTH	28 ± 0.57	13.8 ± 0.37

\* Note that treatment with hydrocortisone was for 9 days in Expt. no. 36 and for 19 days in Expt. no. 38. Treatment with PTH at the dose levels indicated was given in 3 separate injections during the last 29-30 hr of each experiment as described in Methods and Materials.

† Mean values ± SE for groups of 7-10 and 9-10 mice in Expt. no. 36 and 38, respectively.

The normal plasma calcium concentration in HC-treated, tumor-bearing mice is not due to an effect of HC on basal plasma calcium or to an effect that prevents the action in vivo of a potent bone resorption-stimulating factor, PTH (Table 1). In two experiments basal plasma calcium concentrations were unchanged by HC, and the response to exogenous PTH was identical in control and HC-treated mice. The dose of HC used had no effect on body weight. The effects of HC and PTH on plasma PGE<sub>2</sub> metabolite concentrations were also studied (Fig. 3). HC reduced basal plasma PGE<sub>2</sub> metabolites in both control and PTH-treated mice but did not affect the calcium-mobilizing action of PTH. PTH had no effect on plasma PGE<sub>2</sub> metabolite concentrations.

To rule out the possibility that HC might be acting directly on bone to

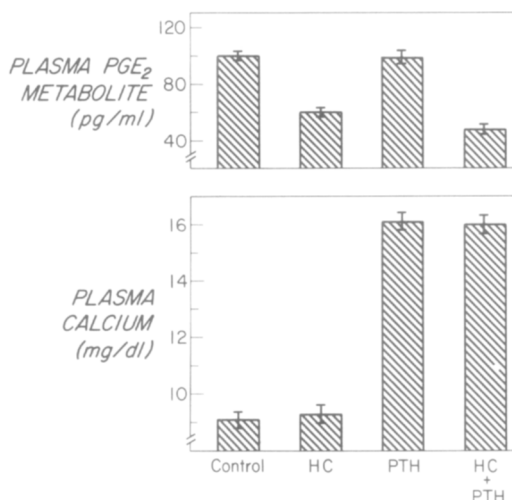


Fig. 3. Effects of HC and PTH alone and in combination on plasma calcium and PGE<sub>2</sub> metabolite concentrations. In this experiment mice were untreated (control), treated with HC (100 µg/mouse/day for 8 days), with PTH alone (40 U/dose X 3 doses), or with HC plus PTH. The bars give the mean values of 8-10 mice per group and the brackets give the SE.

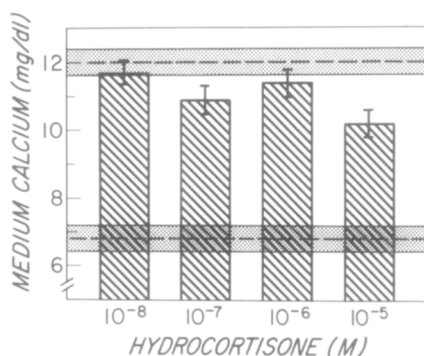


Fig. 4. Effect of HC on PGE<sub>2</sub>-stimulated bone resorption in vitro. Groups of 4 bones each were untreated (lower dashed horizontal line at 6.8 mg calcium/dl), treated with 100 ng PGE<sub>2</sub>/ml (upper dashed horizontal line at 12.0 mg calcium/dl), or with PGE<sub>2</sub> (100 ng/ml) plus hydrocortisone (10<sup>-8</sup> to 10<sup>-5</sup> M) for 48 hr and medium calcium concentration determined. The bars give the mean values and the brackets are the SE. The shaded areas surrounding the control and PGE<sub>2</sub> alone mean values give the SE.

prevent the calcium-mobilizing effect of PGE<sub>2</sub>, we tested the bone resorption-stimulating activity of PGE<sub>2</sub> in the absence and presence of HC (Fig. 4). At concentrations up to 10<sup>-6</sup>M, HC had no significant effect on PGE<sub>2</sub>-mediated bone resorption. A small inhibitory effect was observed at 10<sup>-5</sup>M HC, a concentra-

tion well above the extracellular fluid levels that were achieved in the in vivo experiments in mice.

#### DISCUSSION

Previous studies had shown elevations of plasma concentrations of PGE<sub>2</sub> and calcium 2.5 to 3.0 weeks after implantation of HSDM<sub>1</sub> tumor cells in mice (1,3,4) although the increase in PGE<sub>2</sub> was only about two-fold. We now show that PGE<sub>2</sub> metabolite concentrations in plasma are elevated by 1.5 weeks, that this increase precedes the development of hypercalcemia and that the rise, in absolute magnitude, is greater than that of PGE<sub>2</sub> itself. The greater rise in PGE<sub>2</sub> metabolites probably reflects the rapid metabolism of PGE<sub>2</sub> and the relative stability of the metabolite in plasma (13). We conclude that PGE<sub>2</sub> concentrations are elevated sufficiently early in tumor-bearing mice to be causally related to the hypercalcemia. A preliminary report of analogous findings in rabbits bearing the VX<sub>2</sub> carcinoma has been presented (14).

Reversal of the hypercalcemic syndromes that occur in mice bearing the HSDM<sub>1</sub> tumor and rabbits carrying the VX<sub>2</sub> carcinoma has been shown (4,15). These effects appear to be due to inhibition by indomethacin of PGE<sub>2</sub> synthesis by the tumor cells mediated through the prostaglandin cyclooxygenase (16) thus preventing the conversion of arachidonic acid to PGE<sub>2</sub>. In contrast, it appears that the inhibitory effect of HC on prostaglandin synthesis occurs by prevention of arachidonic acid release from phospholipid precursors in the cell and not by interference with the activity of the cyclooxygenase (8,17). These different mechanisms of inhibition may explain our findings on PGE<sub>2</sub> content in tumors from indomethacin-(1,3,4, and Fig. 2) and HC-treated mice (Fig. 2). The low content of PGE<sub>2</sub> in tumors of indomethacin-treated animals probably reflects the true endogenous situation; synthesis could not occur during homogenization because the cyclooxygenase was already inhibited. On the other hand, the PGE<sub>2</sub> content of tumors from HC-treated mice was not statistically different from controls ( $p > 0.05$ ) even if the tumors were rapidly frozen in liquid N<sub>2</sub> and

homogenized in buffer containing indomethacin. Presumably, active cyclooxygenase was able to synthesize PGE<sub>2</sub> very rapidly during homogenization before indomethacin could inhibit it. Such rapid synthesis of PGE<sub>2</sub> is known to occur when tissues are processed in aqueous media (18). An alternative explanation, namely that HC prevents the conversion of PGE<sub>2</sub> to its metabolites, seems unlikely from results of previous studies which showed 96% inhibition of PGE<sub>2</sub> production by HC in rheumatoid synovia accompanied by significantly lesser inhibition, 78%, of accumulation of 13,14-dihydro-15-keto PGE<sub>2</sub> (7).

Reversal of the hypercalcemic syndrome by HC in HSDM<sub>1</sub> tumor-bearing mice may explain the ability of anti-inflammatory glucocorticoids to moderate or eliminate hypercalcemia in certain patients with cancer. In addition to the known direct cytotoxic actions of the steroid hormones and their effects on calcium absorption from the gut, it is possible in some patients that glucocorticoids may act to inhibit prostaglandin production by the tumor.

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